

2025 Individual Project Abstract Form

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Title of Project: Radiation Resilience: Evaluating Photostability in Natural and Synthetic Sunscreens

Finalist's Name: Violet Sandridge

School and City: Summit Middle Charter School, Boulder Colorado

Sponsor's Name: Valerie Keeney

Category: Chemistry Division: Junior (grades 6 - 8)

Abstract (250 words or less):

Sunscreens protect against UV radiation using UV-blocking substances that prevent excited decay, reducing the risk of cancer, sunburn, and skin aging. Synthetic ingredients in commercial sunscreens tend to be more effective than natural alternatives. To test efficacy, various sunscreens were applied to clear plastic plates and exposed to UV light, with results compared to a commercial SPF 30 sunscreen. The study found that efficacy remained stable throughout testing, suggesting high photostability, though the low lamp strength may have influenced this outcome. The correlation between UVA and UVB transmission was relatively high ($R^2 \approx 0.768$). Natural sunscreens were less effective, allowing higher UVA (~1,000 mW/m²) and UVB (~110 mW/m²) transmission, whereas synthetic and commercial sunscreens performed better, with values around 350 mW/m² (UVA) and 20 mW/m² (UVB). However, there was considerable error in the data, with large standard deviations, low t-test values, and high variation even between identical trials. T-tests were close to 0, indicating low statistical significance. Overall, sunscreens containing synthetic materials were significantly more effective than natural ones, with commercial sunscreens performing best. This supports the idea that commercial sunscreens, rigorously tested for safety and efficacy, offer superior UV protection. The findings suggest that natural sunscreens may not provide adequate protection, reinforcing the importance of using scientifically validated commercial products.

I hereby certify that the above statements are correct and the information provided in the Abstract is the result of one year's research. I also attest that the above properly reflects my own work.

Finalist's Signature: Date: