



# Colorado Science and Engineering Fair

## 2024 Individual Project Abstract Form

**Please print 2 copies of the completed form. Sign both copies, keep 1 for your notebook and submit 1 copy to your Regional Fair Director with your other paperwork.**

Title of Project: Stabilizing Sugars - The impacts of food choice on Glucose levels during athletic performance.

Finalist's Name: Logan Futrell

School and City: Monte Vista High School, Monte Vista

Sponsor's Name: Loree Harvey

Category: Biomedical Sciences (BMED)

Division: Senior (9th - 12th grades)

Abstract (250 words or less):

*I hereby certify that the above statements are correct and the information provided in the Abstract is the result of one year's research. I also attest that the above properly reflects my own work.*

Finalist's Signature:

Date:

In addition, all students must complete the ISEF Student Checklist (1A), Research Plan, Approval Form (1B), and Checklist for Adult Sponsor (1), and any other ISEF forms required for this type of project. See the International Rules and Guidelines for form requirements. Return COPIES of all of these forms to your Regional Fair Director with you Finalist Verification/Permission Form. A signed copy of this form must be included in your notebook.

**Signature:** ~~Logan Futrell~~  
Logan Futrell (Mar 4, 2024 14:10 MST)

**Email:** loganjf@monte.k12.co.us